



Society No. 252 of 2007  
(Under Societies Registration Act of 2001)

## **“Invitation for all Schools & Colleges including Special Schools to attend and requesting cross disability children to participate for the one day event for Wheelchair Sports & Games on 27<sup>th</sup> Nov 2011”**

Respected Sir/Madam,

Greetings from “The Ability People”!!!

Namaskram, We from The Ability People (TAP), a nonprofit organization registered under the Societies Registration Act and People with Disability Act. It is a secular, apolitical and independent body founded to create a measurable and sustainable impact in the lives of PwDs under privileged communities in and around Visakhapatnam city.

TAP was started by a group of spinal cord injury persons headed by the founder president Mr. Dilip Patro, Sr. Software Specialist and a wheelchair user after SCI (Spinal Cord Injury). TAP is promoting wheelchair sports & games in India with the support of WAW (Wheelchair Athletes Worldwide, USA), ESCIP (Empowering Spinal Cord Injured Persons, USA), and the National Trust, an autonomous body of the Ministry of Social Justice and Empowerment, Government of India.

### **Purpose & Goal of the Event:**

1. The major goal of the event is to improve and strengthen the mental, physical, and social outlook and level of Persons with Disabilities in India.
2. Although India is one of the largest and most prominent countries in its geo-political region, disabled athletes and participants are often ostracized and face significantly more challenges than the general population.
3. By providing modern, competitive, sport wheelchairs to an adaptive sports program, we feel there is a good chance of increasing the total number of participants, and to noticeably improve the physical, mental, emotional, and social strength and outlook of the participants.
4. It is our belief that with active and regular involvement in an adaptive sports program, participants should see increased physical fitness and strength, a more positive and hopeful outlook regarding their lives, possibly an increase in physical and mental independence, greater social interaction (not only within the disabled community but within the general population), improved physical skills and possibly a desire to compete at a National or International level, greater self-confidence, and of course more smiling and having FUN!
5. Through conducting interactive clinics and demonstrations, we hope to have a positive impact on the way staff and volunteers perceive/interact with the participants. Often, the attitude and

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Donations are exempt u/s 80G (5) (vi) of the Income Tax Act 1961 vide letter no:F.No:Tech/III/79/CIT-1/VSP/09-10 dated 25-03-2010.



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perception of staff and volunteers towards the participants can have either a very positive or detrimental impact.

6. **Participation Benefits:** By participating in this event, you will join in breaking down barriers, create more opportunities for PwDs and help to build an inclusive society. You will help to show and create awareness that disabled athletes are just as capable as mainstream athletes and can compete to the best of their abilities.
  7. Active participants will receive certificates from Michael J. Rosenkrantz, National Trust, Ministry of Social Justice and Empowerment & Peter Hughes, President, Wheelchair Athletic Worldwide.
  8. Our goal is to breaking down barriers, create more opportunities for PwDs and help to build an inclusive society. This will help to show and create awareness that disabled athletes are just as capable as mainstream athletes and can compete to the best of their abilities.
  9. **All are welcome. We request schools & college students with any disabilities to register free for participant to this event without discrimination of any kind, including but not limited to gender, race, age, religious belief, caste, economic ability, disability type, etc. Please do remember we are requesting that active participants be limited to individuals who can self propel a manual wheelchair and have limited cognitive disabilities.**
  10. We are conducting exclusive session Clinic & Demonstration for special children and women.
  11. To the best of our knowledge, no other organization is currently providing sports chairs and putting on a training/coaching clinic and demonstration in India.
  12. Our object is to build a team and represent India in the upcoming future international wheelchair sports.
- **For free registration call our Helpline No.: 85 00 36 57 36.**
  - **Venue: Visakhapatnam Port Trust -Rajiv Gandhi Indoor A/C Stadium.**
  - **Event Date: 27<sup>th</sup> November 2011(Sunday)**
  - **For further Queries: Mobile: 91 77 36 36 00**

**Please come and join us as we celebrate with Wheelchair Athletes Worldwide (USA) conducting wheelchair sports.**

**The organizers look forward to welcoming you to participate in this unique one day event of learning, exchange and friendship.**

**We also hope that you will stay for the matches.**

**On behalf of “The Ability People” we extend you a warm welcome.**

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With Open Arms & Warm Regards,

Dilip Patro,  
Founder President  
Mobile: 9177363600

## **EVENT PROGRAMME**

Timings	Particulars
9:00 AM onwards	Registration
9:30 AM	Welcome to event participants
<b>10:00 AM to 11:00 AM</b>	<b>Inaugural Session</b>
	<b>Clinic Session:</b>
	Goal is to Coach the Coaches of different sports. We will need some of your best wheelchair pushers at this time, but the focus will be on teaching the coaches. Having 3 groups of 6 ready to go and have them choose which sport they would like to learn most about.
11:00 AM to 11:30 AM	Wheelchair Skills that will be used by all sports: General pushing overview, how to stop, turn, and proper pushing technique. Fitness workouts for wheelchair users.
11:30 AM to 12:00 PM	Focus on Basketball skills and drills: Including shooting from a chair, dribbling, passing, sport specific skills like crossing, picking and boxing out on shots. Different types of defense.
12:00 PM to 12:30 PM	Focus on Wheelchair Rugby: Strategies, rules, how to hit.
12:30 PM to 1:00 PM	Focus on Wheelchair Tennis: Rules and general suggestions for how to push with racquets etc.
1:00 PM to 1:30 PM	Open to other sports/games and specific questions about how to coach
1:30 PM to 2:30 PM	Lunch break with question hour
<b>2:30 PM to 6:00 PM</b>	<b>Demonstration Session:</b>
	Goal at this time is to get as many participants into chairs and pushing doing wheelchair skills as possible.
2:30 PM to 3:45 PM	Wheelchair skills & activities
3:45 PM to 5:00 PM	Games with very little coaching: Basketball/and or Rugby
6:00 PM to 6:00 PM	Exclusive Session on demonstration for Children & Women with snacks
<b>6:00 PM to 7:00 PM</b>	<b>Closing session</b>